

CENTURION FOOTNOTES

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DATES...DATES...DATES

The 2014 AURA calendar shows quite a few ultra events that may suit serious ultra walkers – check it out at <http://www.aura.asn.au/events.html>. Some key races follow.

Sept 27-28, 2014	NZ Centurions 24H Qualifying event See http://nz.srichinmoyraces.org/races/auck/24hr	Auckland, NZ
Sept 29, 2014	Adelaide 6 Day and 48H	Adelaide, SA
Oct 4-5, 2014	Australian Centurions 24H Qualifying Walk Enter at http://www.centurions.org.au/event2014.shtml	Melbourne, VIC
Oct 26, 2014	Ned Kelly Chase 100km	Wangaratta, VIC
Dec 6-7, 2014	Malaysian 12 Hour Walk See http://www.racewalkermalaysia.com	Seremban, Malaysia
Sun Mar 18, 2015	Coburg 6 Hour Championships	Coburg, VIC
Apr 6-12, 2015	2015 ANZAC Ultra See http://www.anzacultra2015.com	Canberra, ACT
Apr 18-19, 2015	Coburg 24 Hour Carnival and AURA Championship	Coburg, VIC
June 15, 2015	Fotrally (see www.fotrally.se)	Stockholm, Sweden

Entries are still open for our **2014 Australian Centurions 24 Hour walk**, to be held in **Melbourne** on **4-5 October**. See <http://www.centurions.org.au/event2014.shtml> for further details and the entry form. There are also 6 Hour and 12 Hour walks on the program so something for everyone!

A special plug for the **Ned Kelly Chase** which will be held on October 26th in Wangaratta in country Victoria. Michelle Thompson and I competed in it last year and loved it so much that we have marked it in our 2014 calendars as well. Organised by fellow centurions Justin and Sharon Scholz, it is an event for ultra athletes, put on by ultra athletes. There are many options (100km or 50km or various relay options). Check it out at <http://www.nedkellychase.com.au/>.



NED KELLY CHASE
nedkellychase.com.au

ARE YOU CHASING, OR ARE YOU BEING CHASED?
www.nedkellychase.com.au
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Next Event: 26 OCTOBER 2014
Future events: 4th Sunday in October each year

100km / 50km Solo, 4x25km Relay, 100km Run+Bike, 100km Cycle Challenge, 10km Fun Run

The Malaysia 12 Hour race has now been confirmed for 6-7 December and will be held at Seremban, about 1 hour's drive south of Kuala Lumpur. A large contingent of French ultra walkers is going and I am also planning on attending. This has long been an event of interest to me so it is time to act.

CABOOLTURE 2014 NATIONAL 48 HOUR CHAMPIONSHPS, CABOOLTURE, QLD, 24-16 JULY

Queensland based centurion walker **Peter Bennett** was back in action in the last weekend of July, walking alongside the runners in the Australian 48 Hour Championships - and he did pretty well, finishing 4th overall out of the 12 competitors with a distance of 273.861km. There were lots of smaller events on offer - Full results at <http://results.timingplus.com.au/Meet.aspx?MeetID=e31998c1-0dd4-47f1-8ac9-abe3060b3dd>.

48 Hour (first 4)

- | | | |
|----|-----------------------------|-------------------|
| 1. | John Pearson | 340.183 km |
| 2. | Annabel Hepworth | 293.856 km |
| 3. | Tamyka Bell | 283.161 km |
| 4. | Peter Bennett (Walk) | 273.861 km |

RWA LONG DISTANCE CHAMPS AND 100 MILES, GARONS PARK, SOUTHEND ON SEA, 2-3 AUGUST

The official results from the English Centurions annual 100 mile qualifying event, which was held three weeks ago at Southend on Sea, are now online, along with the race report (see <http://www.centurions1911.org.uk/southend-report---results.html>). The report reads as follows

It must be a first... it didn't rain! However, the wind, at times, more than made up for it.....

The general consensus: Southend 100 miles was one of the most successful and enjoyable 100 mile races in recent times. Southend AC, through June Cork, John Brock, Pam Dawson and Ray Pearce, provided competitors, supporters and spectators alike with a good venue, good organisation and a jolly good race. We had the press, BBC East and the Mayor and Mayoress of Southend visit Garon Park over the weekend.

A track 100 miles is not an easy race. Not much by way of changing scenery and you are back where you started some 3 to 4 minutes later. Willpower and the determination to rise to the challenge is what keeps everyone going. Easier said than done. Best intentions are what we all start off with, but sometimes those gremlins get in the way and it is not to be. Still, we all salute all those who didn't make it - for whatever reason. To sign up, start and make the effort is what it is all about.

Richard Gerrard from the Isle of Man was favourite. Richard qualified as a Centurion last year at the Isle of Man 100 miles. He has also had many successes in the prestigious IoM Parish Walk. Richard also qualified as a Continental Centurion in Schiedam (Rotterdam) only seven weeks before the Southend race, as did relative newcomer to ultra race walking, Jayne Farquhar. Amazing on both counts.

Richard went in to the lead from the start and kept it throughout the entire race. Walking with fellow Isle of Man walker, Vinny - they showed the way for an awful long time. Sandra Brown (Surrey Walking Club) always has to live up to the expectation of being favourite in the ladies race. And true to form, she delivered the goods again - and broke the women's age 65 year record as well.

It was good to see a few newcomers to race walking who wanted to take up the challenge of completing 100 miles in 24 hours. Tony Hill and Mark Haynes are welcome additions to the Brotherhood of Centurions. Let's hope they will come back each year and take up new challenges in the race walking calendar. Richard McChesney, already a New Zealand Centurion (a first to have a NZ Centurion in one of our races?) walked consistently throughout and was ably supported by his young son Zac. Then there were the stalwarts - Martin Fisher, Frans Leitjens, Frank van der Gulik, Jaap Visser who seem to like this kind of thing. It was good to see Centurions Robert de Wolf, Sarah Lightman, Chris Cattano also step up for the challenge - again. Other newcomers such as Kim Reed, Martin Payne, Joyce Crawford, came oh so tantalising close to doing it. Please do come back to try again - you won't regret it!

Richard Brown, Chris Flint, Paul King, Olly Brown, Vinny Lynch - all experienced Centurion walkers who sadly had problems on the day - it does happen. So they didn't make the 100 miles this time. Tribute to Chris Flint who was on the organising Committee and had put in an awful lot of time making the race a success - including on the morning of the race - still busy helping set things up and no time to prepare.

It was a good event. Conditions not always easy (despite the lack of rain!) as the temperature did drop considerably through the night.

Overall, 5 new Centurions (C1130-C1134) with 13 of the 26 starters reaching the elusive 100 mile mark.

100 Mile Finishers

1.	Richard Gerrard (C1106)	1	IoM Vets	IoM	42	19:36:32	
2.	Sandra Brown (C735)	24	Surrey WC	GBR	65	20:40:32	
3.	Frank van der Gulik (C1022)	8	de lat Amsterdam	NED	36	21:27:00	
4.	Sarah Lightman (C1093)	17	Leicester WC	GBR	44	22:18:46	
5.	Chris Cattano (C963)	29	Unattached	GBR	51	22:28:30	
6.	Antoine Hunting	5	RWV	NED	42	22:38:13	C1130
7.	Richard McChesney	10	Stragglers	GBR	46	22:39:00	C1131
8.	Frans Leijtens (C949)	7	RWV Rotterdam	NED	38	23:31:51	
9.	Jayne Farquhar	3	IoM Vets	IoM	45	23:37:46	C1132
10.	Tony Hill	26	Tring RC	GBR	64	23:40:57	C1133
11.	Robert de Wolf (C980)	4	RWV Rotterdam	NED	66	23:43:57	
12.	Martin Fisher (C788)	21	Redcar RWC	GBR	51	23:44:31	
13.	Mark Haynes	18	Leighton Buzzard AC	GBR	40	23:46:34	C1134

Out of Time

Joyce Crawford	22	Red Lodge RC	GBR	47	23:59:21	98.44
Kim Reed	27	Tring RC	GBR	50	23:58:46	98.19
Martin Payne	15	Dark Peak Fell Run'rs	GBR	54	24:00:14	96.95
Chris Flint (C849)	25	Surrey WC	GBR	69	23:59:59	93.22

Retirees

Richard Brown (C760)	23	Surrey WC	GBR	67	18:50:23	84.27
John Borgars	19	Loughton AC	GBR	68	19:12:08	84.02
Vinny Lynch (C1107)	2	IoM Vets	IoM	53	14:08:28	70:10
Jaap Visser (C944)	9	RWV Rotterdam	NED	77	17:47:00	65.38
Paul King (C972)	13	Belgrave Harriers	GBR	63	13:03:34	59.94
Olly Browne	16	Ilford AC	GBR	60	11:27:43	46.88
Steve Allen	12	Barnet & District AC	GBR	58	08:38:00	40.77
Richard Cole (C928)	28	York RW	GBR	59	05:40:00	28.85
Suzanne Beardsmore (C1094)	11	AbingdonAC	GBR	43	03:43:00	18.14

Franz Leijtens has some great photos at <https://picasaweb.google.com/centurion949/Southend100Miles2014>. More photos can be seen at <http://www.centurions1911.org.uk/southend-report---results.html>.



Left: Placegetters Sandra Brown, Richard Gerrard and Frank van der Gulik (photo <http://www.centurions1911.org.uk/>)
Right: The ultimate aim - the Centurions medal (photo Frans Leijtens)

Sandra Brown (C 36) produced this short report for the Surrey Walking Club Gazette..thanks for passing it on, Sandra.

The 2014 100 miles championship was held at the Garon Park “home” track of Southend AC, and was very successfully organised by the Southend club assisted by SWC Centurion committee members Chris Flint, Kathy Crilley and Pam Ficken.

First home was IOM Veterans Richard Gerrard, C 1106, in 19.36.32. Second overall and 1st lady was SWC's Sandra Brown in 20.40.32, a world record time for the W65 age group. Second lady and 4th overall, well-deserving the "Best performance" award, was Sarah Lightman, Leicester WC, in a new Midlands ladies' record of 22.18.46. Unfortunately SWC's men, Richard Brown and Chris Flint, both ran into problems during the night, and neither completed the 100 on this occasion. Rotterdam's RWV club won the team award.

SWC members who kindly helped during the event included: Pam Ficken [lap recording organisation and team;] Mark Denby [feeding station, one week after his success in the Montane Lakeland 100 miles;] Guy Barnes [lap recording team;] Vicky Barnes/Brown, Shaun and Andrea Lightman.

24 HEURES MARCHE DE WADELINCOURT , WADELINCOURT, BELGIUM, 23-24 AUGUST

Thanks to Emmanuel Tardi for the photos, race report and results from the second edition of the Wadelincourt 24 Hour wal in Belgium. What a high quality event it was with the first 5 men over 198km and Remi Bonnotte 211.782km and Eddy Roze 201.242km staging a huge race. The women's was no less exciting with **Sandra Brown (C 36)** 189.949 winning ahead of Corinne Fauqueue 183.203km. Emmanuel reported:

I was in the small Belgium village of Wadelincourt last Sunday for the first qualification walk for the 2015 Paris-Colmar. The lap was 3.685km long, after an initial shorter lap so that everybody could get a 100km mark on the way through. In the last hour walkers contested a shorter lap of 685m. The temperature was really nice and it was a smooth flat road, except for one small hill.

Eddy Roze and **Remi Bonotte** started together but Eddy cleared out on his own after a few hours, reaching the 50k mark in 4:45 and the 100km in 10:20 (Remi's splits were 4:55 and 10:37). At 3AM, a very strong rain fell for 30 minutes, forcing Eddy Roze to take a significant stop. Remi passed him to take the lead and then kept it to the end despite his own problems in the last 6 hours.

In the women's race, **Sandra Brown** and **Corinne Fauqueur** staged a great battle before Sandra finally broke clear to win, only a few weeks after her victory in the British Centurion qualifying event. There was also an ancillary 6 Hour event with 17 starters (2 teams and 15 individuals). I had gone in Wadelincourt only for pictures and for discussion, but I eventually entered in the race and walked for a little while.

The following short report was prepared for the Surrey Walking Club Gazette. It reads like this

The village of Wadelincourt, not far from the Belgian/French border, hosted the first Paris-Colmar qualifying event of the 2014-15 season. SWC's Sandra Brown and Kathy Crilley, veterans of many such continental walking races, decided to give this relatively new event a try, en route visiting the historic town of Tournai, whose Romanesque cathedral and bell tower are designated a World Heritage Site. The organising team were delighted to have two English walkers to enhance the international character of the event, and were very welcoming and hospitable. The race was well organised, with the event HQ, athletes and supporters "village", and refreshments near Wadelincourt's village hall, and a second feeding station on the rural circuit of nearly 3.7 kms. Belgian and French judges and officials provided a strong presence throughout the event.

Although the field for this relatively new and little-known race was not large, the walkers were inspired to give their best efforts. The first three men to finish completed over 200 kms in 24h. SWC's ladies gave commendable performances. **Sandra was 6th overall and first lady with a W65 24h World Record distance of 189.949 kms. This distance exceeds by some way the W65 running world record!** Kathy completed a strong 132.558 kms for 4th lady and 15th place overall. But for the thunderstorm and torrential rain which drove walkers off the circuit for some minutes during the night, both ladies would have achieved even greater distances.

The Belgians take their beer very seriously indeed, and all prizes took the form of local brew, with which our ladies nobly struggled home on Eurostar after the race. The event will be biennial, and deserves better support in future years. Kathy and Sandra give the event their personal recommendation!

24 Hour Walk

1.	BONNOTTE Remi	6	211,782 Km	24:00:00	8,824 Km/h
2.	ROZE Eddy	3	210,242 Km	24:00:00	8,760 Km/h
3.	LHOEST Daniel	10	204,207 Km	24:00:00	8,509 Km/h
4.	THIBAUX Philippe	16	198,770 Km	24:00:00	8,282 Km/h
5.	LETESSIER Gilles	13	198,125 Km	24:00:00	8,255 Km/h
6.	BROWN Sandra (F)	51	189,949 Km	24:00:00	7,915 Km/h
7.	FAUQUEUR Corinne (F)	54	183,203 Km	24:00:00	7,633 Km/h

8.	BANO Jean Michel	11	182,683 Km	24:00:00	7,612 Km/h
9.	BIET Christophe	4	777,406 Km	24:00:00	7,392 Km/h
10.	PICOT Gerard	15	160,960 Km	24:00:00	6,707 Km/h
11.	QUINQUETON Bernadette (F)	56	142,682 Km	24:00:00	5,945 Km/h
12.	WALLAEYS Jean	1	141,634 Km	24:00:00	5,901 Km/h
13.	RASSAIND Andre	7	133,104 Km	24:00:00	5,546 Km/h
14.	AUVRE Alain	5	132,758 Km	24:00:00	5,532 Km/h
15.	CRILLEY Kathy (F)	52	132,558 Km	24:00:00	5,523 Km/h
16.	VANHOVE Peter	2	114,489 Km	24:00:00	4,770 Km/h
17.	JACOB Bernard	18	112,075 Km	24:00:00	4,670 Km/h
18.	LANQUIN Nicole (F)	57	111,947 Km	24:00:00	4,664 Km/h
19.	COLLINET Marc	19	100,000 Km	24:00:00	4,167 Km/h
20.	LOUKKAD Karim	14	86,487 Km	24:00:00	3,604 Km/h
21.	UYTTEBROECK Marie Line (F)	58	85,800 Km	24:00:00	3,575 Km/h
22.	LANDRU Noelle	55	77,527 Km	24:00:00	3,230 Km/h
	TIL Jacques	20	122,112 Km	DNF	
	DANDOUY Jeremy	8	114,741 Km	DNF	
	LETOURNEAU Florian	9	92,63 Km	DNF	
	MAUNY Claude	17	88,944 Km	DNF	
	PELLERIN Alain	12	55,777 Km	DNF	
	MAES Luc	21	DQ		

6 Hour Walk

1.	BARTHELEMY Virginie	63	55,263 Km	06:00:00	9,211 Km/h
2.	GUENEAU Jean-Claude	64	55,263 Km	06:00:00	9,211 Km/h
3.	LABARRE Bertrand	70	54,750 Km	06:00:00	9,125 Km/h
4.	MALOCHET Dominique	65	52,215 Km	06:00:00	8,703 Km/h
5.	PANNIER Josiane	66	51,191 Km	06:00:00	8,532 Km/h
6.	GIRAUDEAU Denis	74	50,229 Km	06:00:00	8,372 Km/h
7.	VANDENDAUL Daniel	72	49,315 Km	06:00:00	8,219 Km/h
8.	QUINTIN Pierre	71	47,900 Km	06:00:00	7,983 Km/h
9.	LACROIX Jean Louis	62	47,281 Km	06:00:00	7,880 Km/h
10.	L2 AUTREQUIN Florian	61	46,089 Km	06:00:00	7,682 Km/h
11.	BEAUMONT Didier	69	46,209 Km	06:00:00	7,702 Km/h
12.	DEBAISE Jean-Francois	68	44,819 Km	06:00:00	7,470 Km/h
13.	BROSSARD Thierry	67	42,265 Km	06:00:00	7,044 Km/h
14.	STRADIOT Ludovic	75	36,646 Km	06:00:00	6,108 Km/h
15.	TARDI Emmanuel	77	31,820 Km	06:00:00	5,303 Km/h



Corinne Fauqueue and Sandra Brown (photos Emmanuel Tardi)



Remi Bonotte and Eddy Roze (photos Emmanuel Tardi)

UPDATING SANDRA BROWN'S TOTALS

With Sandra Brown's latest two walks (Southend and Wadelincourt), she takes her amazing tally of hundred milers to **160**, broken down as follows: 58 100 mile events, 87 24/28hour events and 15 multi day events. The next one will take her to 161 hundreds (and we all know that 161km = 100 miles). It is an astonishing feat of longevity and quality that will, I suspect, remain unchallenged.

Some amazing stats for us to ponder

- Since turning 65 in April this year, Sandra has added four further hundreds to her ever growing list

May 2014	LDWA South Wales Valleys 100 miles	33h 47m
June 2014	RWV Continental Centurions 100, Schiedam	21.19.17
Aug 2014	English Centurions Track 100, Southend	20:40:32
Aug 2014	Wadelincourt 24 Hour walk	189.949 km

- Her Wadelincourt 24 hour walk was her 30th win in a Paris-Colmar qualifying event.
- She is busy rewriting the W65 record books over all distances from 3000m upwards.
- Her 2nd place finish in Southend takes her English Centurion finish total to 28. How amazingly does this read!

1. 1982 Leicester	22.18.24	(C 735)
2. 1984 Leicester	18.36.24	(GB best)
3. 1987 Ewhurst	22.32.40	
4. 1988 Leicester	21.11.14	
5. 1989 Hendon	19.56.17	
6. 1990 Leicester	18.56.46	
7. 1992 Leicester	18.50.29	
8. 1993 London	20.09.05	(24 hr race)
9. 1994 Leicester	19.09.17	
10. 1995 London	21.37.21	
11. 1996 Colchester	19.42.53	
12. 1997 Ware	19.27.15	(24 hr track race)
13. 1998 Manx	19.32.26	
14. 1999 Battersea Park, London	20.01.49	
15. 2000 Newmarket	20.16.43	(24 hr race)

16. 2001 Colchester	20.36.45	
17. 2002 Blackpool	20.27.27	(24 hr track race)
18. 2003 Newmarket	20.23.25	
19. 2004 Colchester	19.17.28	(W55 best)
20. 2005 King's Lynn	19.25.07	
21. 2006 IOMVAC	19.28.38	
22. 2008 Milton Keynes	19.59.29	(track race)
23. 2009 Newmarket	19.57.24	(W60 best)
24. 2010 Colchester	20.23.30	
25. 2011 Lingfield Park	20.18.23	
26. 2012 Colchester	20.45.03	
27. 2013 IOMVAC	19.57.50	
28. 2014 Southend	20:40:32	(W65 best)

- In 2007, Jill Green became the inaugural recipient of the Chas Shelley trophy as the first woman aged 65 or over to finish an English Centurions qualifying event. She took the impressive trophy home and has since been waiting for Sandra to hit 65 and pass it over. Now 7 years later, that has come to pass. I suspect that it may now sit in Sandra's possession for quite some time.



Jill Green with the Chas Shelley trophy in 2007. It now has a new owner!

RUDY AND CAROLINE WALK 'THROUGH THE FLANDERS FIELDS

Thanks to **Rudy Schoors (C 55)** and **Caroline Mestdagh (C 56)** for this great piece about their most recent Belgian walk. I am just to jealous of the many fine walking opportunities on the continent and in England. Here in Australia we are just so sparsely served by such things.

After we walked the March of Death at Bornem, we fronted up again last weekend for a further 100 km walk. To commemorate the 100th anniversary of the Great War, the NVV association organised a unique event for hikers: a Memorial March called *Through Flanders Fields*.

The 100 km walk started at Torhout and forward to Vladslo - Diksmuide - Ieper - Zonnebeke - Passendale and finished again at Torhout. The hike focused on the beautiful landscape between Torhout and Diksmuide before aiming at the silent witnesses of the Great War in and around Ypres. The weather was much better than we had at Bornem. Mild temperatures and no rain this time. It was a walk to remember. Towards Diksmuide we walked many kilometres along the river IJzer, an important river during WWI. At Diksmuide we could admire the AVV-VVK tower: this tower is 84m high and a memorial monument for the fallen Flemish soldiers during the First World War. At the four sites of the tower are the words: *No more war, Nooit meer oorlog, Plus jamais de guerre, Nie wieder krieg*. All in the language of the fighting sides.

At Ieper we walked through the Menengate, also a memorial monument, build by the British to commemorate

the fallen British soldiers who couldn't be identified or were never found back on the front until 15 August 1917. The names of 54,896 British are written in this monument. Since 1928, every evening at 8 o'clock the last post resounds in this immense bow. A very emotional moment. We both have seen it many times and every time we are impressed by this.

At Tyne Cot Cemetery at Passendale we passed another place in memory of the British unknown soldiers. Here the names are written at a wall since 16 August 1917, 34,957 in total. Tyne Cot is the greatest military cemetery of fallen British soldiers on the European mainland. From Passendale we walked to the finish with the abomination of this war in our minds.

Hopefully the other 460 walkers enjoyed this special walk as much as we did and will remember the soldiers who has fallen for the well-being of us.



Walking 'Through Flanders Fields'



Rudy and Caroline at the Menengate



The entry to the Tyne Cot cemetery

TOM PAYNE - CHAMPION PEDESTRIAN

I've written a number of articles over the years on some of the great British long distance walk exponents of the early twentieth century. Some that spring to mind include

Bert Couzens	http://www.vrwc.org.au/tim-archive/articles/wo-bert-couzens.pdf
Tommy Green	http://www.vrwc.org.au/tim-archive/articles/wo-tommy-green.pdf
Tommy Hammond	http://www.vrwc.org.au/tim-archive/articles/wo-tommy-hammond.pdf
Tebbs Lloyd-Johnson	http://www.vrwc.org.au/tim-archive/articles/wo-tebbs-lloyd-johnson.pdf
Hew Neilson	http://www.vrwc.org.au/tim-archive/articles/wo-hew-neilson.pdf

A number of these articles mention Tom Payne but I have not had the occasion to research his life substantially.

Trevor McDermot of Northern Race Walking (<http://www.northernracewalking.com/>) has alerted me to two remarkable documents that have come to light regarding Tom who was renowned both as a champion long distance walker and as a musician. One of the booklets concentrates on his walking career with the other focuses on his musical talents. Trevor believes these were published in 1936 before the Berlin Olympics. The booklets have been provided by Tommy's grandson Keith Harrison and are of great historical significance. You can download and read both booklets at link <http://www.northernracewalking.com/more/>



Tom Payne in action (<http://www.northernracewalking.com/more/>)

The website also features an article by 1948 Olympic 50km Bronze Medallist Tebbs Lloyd Johnson, with a following letter by Joe Smith of Lancs WC. They appeared in the March and May 1977 editions of Race Walking Record respectively and can be seen at link <http://files.northernracewalking.com/200030813-5e7945f756/AN%20%20ECHO%20%20FROM%20%20THE%20%20PAST.pdf>.

You can also see Tom Payne in action in three different Pathe videos.

Payne finishes his 1921 walk from Glasgow to Paisley - <http://www.britishpathe.com/video/wonderful-walker-tom-payne>

Payne wins the 1920 Manchester to Blackpool - <http://www.britishpathe.com/video/tom-payne-wins-manchester-walk>

Payne wins the 1920 London to Brighton Race - <http://www.britishpathe.com/video/tom-paynes-wins-london-brighton-walk>

Thanks Trevor for some fantastic work!

ANOTHER TAKE ON THE RUN/WALK HUNDRED DOUBLE

In my last newsletter, I published the combined 24 Hour distances for those mighty ones amongst us who have both run and walked one hundred miles within 24 hours. Ian Valentine suggested I take a different view and calculate the combined time for their respective 100 mile run and 100 mile walk efforts. Your wish is my command, Ian. I have been able to source run times for everyone except for Sandra Brown and Lyn Lewis. Here is how it looks:

Name	100 Mile Run	Year	100Mile Walk	Year	Total Time
Yiannis Kouros (C 33)	11:57:59	1997	22:55:23	1998	1:10:53:22
Barry Loveday (C 62)	14:15:30	2014	21:16:23	2012	1:11:31:53
Sharon Scholz (C 63)	15:57:37	2011	20:06:00	2013	1:12:03:37
Justin Scholz (C 61)	16:50:08	2013	19:43:21	2013	1:12:33:29
Anyce Melham (C 65)	14:05:05	1989	23:46:32	2013	1:13:51:37
Carol Baird (C 39)	18:36:45	2006	20:31:34	2002	1:15:08:19
Michelle Thompson (C 58)	20:00:00	2010	19:53:19	2014	1:15:53:19
George Audley (C 22)	16:45:02	1987	23:28:48	1988	1:16:13:50
Ian Valentine (C 57)	19:33:37	2004	23:37:03	2009	1:19:10:40
Stan Miskin (C 23)	20:25:22	1984	22:59:48	1988	1:19:25:10
David Billett (C 50)	21:33:19	2007	23:06:56	2013	1:20:40:15
Jim Turnbull (C 21)	21:54:36	1988	23:38:53	1986	1:21:33:29
Claude Martin (C 14)	23:07:19	1988	22:43:54	1977	1:21:51:13
Michael Harvey (C 43)	23:17:57	2014	22:51:30	2001	1:22:09:27
Geoff Hain (C 49)	23:26:52	1990	23:18:30	2008	1:22:45:22
Sandra Brown (C 36)	?	1993	18:36:24	1984	?
Lyn Lewis (C 44)	?	?	22:46:54	2002	?

Sandra ran 215.093km in 1993. I would estimate a 100 mile split of around 16:30 to 17:00. That would give her a total time of around 1 day 11 hours and put her right up around second or third spot behind Yiannis Kouros. I am still waiting for a definitive answer. Sandra commented: *Interesting question! I'll see what I have. It will depend on whether 100 miles times were taken during 24h events. Only a few countries - you, we, USA, Dutch - have this bizarre interest in 160.9kms!*

Lyn wasn't able to find the 100 mile split from either of her hundred runs. She emailed me to say: *I don't think I have the 100mile time that I did on the track, only the 100 mile at Glasshouse which would be slow because of the hills and rough terrain. The track race I did was also very rough being grass and around the outside of a football oval. It also rained the whole 24hours and we ended up running in mud.*

FINANCIAL NEWS

It has been a quite month but from now on, we will have some significant payments over the next few months. **Last year, hosting our own 24 Hour race cost us \$1057. If entry numbers do not reach last year's standard, the cost may be higher. So I am putting out an urgent call for donations. If it is some time since you contributed, now is the time! Thanks in advance.**

Expenses	Postage and Photocopying	24.00
	RWA - topup for gold medals for RWA 100km champs	10.00
	Crazy Domains - Centurions website hosting annual payment	53.88
Balance		\$766.68

UNTIL OUR NEXT NEWSLETTER

Wow, another interesting newsletter. Luckily the latest ultra walking news continues to bubble to the surface in a steady stream. I am now look forward to our own Australian 24 Hour qualifying walk which will be held on the weekend 4-5 October in Melbourne. Hopefully I will have lots of good news to report once it is done and dusted. In the meanwhile, we are moving quickly from a cold winter to a sunny promising spring and all is good. Time for a walk!

Yours in Centurion walking ... Tim (C 13)

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