

CENTURION FOOTNOTES

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FOUR NEW AUSTRALIAN CENTURIONS

I am very pleased to announce that we have four new Australian Centurions, as a result of performances walked in the 2018 Coburg 24 Hour Carnival on 21-22 April.



Chris Burn (C72)

Jantinus Meints (C73)

Adrie Ros (C74)

Colin Heywood (C75)

I will be gathering information to put more extensive profiles on our Centurions website, but for starters, here are some bare bones facts on Chris, Jantinus, Adrie and Colin

- **Chris Burn (C72)** is from the Isle of Man, a veritable hotbed for ultra distance walkers. He had twice completed the UK Centurion 100 Mile walk - (2013, 23:44:57) and 2015 (22:39:34) - as well as the Isle of Man Church to Church (85 Miles), along with 5 or 6 finishes in the Isle of Man End to End Walk (45 miles). He was the first walker to reach 100 miles, with a time of **22:08:09**.
- **Jantinus Meints (C73)** was one of 4 Dutch walkers who walked at Coburg this year. Jantinus had 3 Centurion badges to his credit - Continental (2011, 23:38:11), UK (2012, 21:08:23) and USA (2015, 23:30:57) - and his aim was to add a fourth here at Coburg. And that he did, with a time of **22:25:34**.
- **Adrie Ros (C74)** was another one of the Dutch walkers at Coburg this year. Adrie himself had 2 Centurion badges to his credit - UK (2017, 23:05:03) and Continental (2015, 22:55:14). He successfully added a third badge with his 100 mile time of **22:33:31**.
- **Colin Heywood (C75)** is no stranger to the sport of athletics, having been firstly a runner and then switching to racewalking in the early 2000's. And he is a quality walker indeed, winning 2 golds and a silver in the M60 walks at the 2016 World Masters Championships in Perth. He competed in the 2017 Coburg 24H walk as his first foray into the ultra distance world, completing 100km in the very good time of 13:53:38. This year, he went one better, qualifying as a centurion with a time of 22:46:53.

Welcome to our four new members.

DATES...DATES...DATES

There are always ultra opportunities on offer for those walkers wanting a challenge. Some are shown below. In addition, the AURA calendar shows additional Australian ultra events that may suit serious ultra walkers – check it out at <http://aura.asn.au/>.

May 19-20, 2018	Continental Centurions 24H Qualifier http://www.rotterdamsewandelsportvereniging.nl/index.php?page=rwv-wandelweekend-english	Schiedam, NED
May 30-June 2, 2018	Paris-Alsace Classic See http://www.marche-mythique.org/accueil.html	France
June 2-3, 2018	2018 USA Centurions 24H Qualifier See http://www.fans24hour.org/index.html	Fort Snelling, Minnesota, USA
June 2-3, 2018	Sri Chinmoy 24 Hour Track Race	Sydney, NSW
June 10, 2018	Gold coast 100 (100km)	Gold Coast, QLD
June 23-24, 2018	Parish Walk (85 Miles)	Isle of Man
Jul 14, 2018	Adelaide 24H/12H/6H	Adelaide, SA
Aug 12, 2018	Inaugural 100km Walk	Komló, HUN
Aug 18-19, 2018	2018 English Centurions 24H Qualifier (Track) See http://my6.raceresult.com/71067/	Douglas, IOM
Aug 25-26, 2018	Wadelincourt 24 Hours Walk (2019 Paris-Alsace qualifier)	Wadelincourt, BEL
Sep 15-16, 2018	Nijmegen-Rotterdam (160km)	Nijmegen, NED
Sept 15-16, 2018	Roubaix 28 Hours Walk (TBC)	Roubaix, FRA
Oct 7-8, 2018	2018 NZ Centurions 24H Qualifier See https://nz.srichinmoyraces.org/races/auck/24hr	Auckland, NZ
Oct 20-21, 2018	African Centurions 24H Qualifier See http://www.africancenturion.com/	Capetown, SA (TBC)

Note that the annual English Centurions 100 miler has now been confirmed for Douglas, Isle of Man, on the weekend of 18-19 August. The meet will include 100 miles and 24 hours races but, unlike previous road events, this one will be held entirely on the NSC Athletics Track. The combined events will commence at noon on Saturday 18th August. Being track based, the number of starters will, of practical necessity, be limited to 33. All races will be conducted according to the Race Walking Association Category B permit, which allows the judging rules to be relaxed with only the contact part of IAAF rule 230 being applied. 23 of the 33 places are already filled and the remaining places will be allocated on a first come, first served basis. Further information and entry details may be found by visiting <http://my6.raceresult.com/71067/>.

OUT AND ABOUT

- As a result of our qualifying event at Coburg, **Rob Robertson (C68)** has updated his Multiple Badge Centurion List. Jantinus moves up to 4 badges, Adrie moves up to 3 badges and Chris comes into the list with 2 badges. See <http://www.unitedstatescenturionwalkers.com/wp-content/uploads/2018/04/Multi-Centurions.pdf>
- Some excellent ultra distance articles at <http://ultrasportscience.us/athlete-education/>.
- An interesting article from the Guardian newspaper on the rising popularity of ultra distance events - when 26.2 miles just isn't enough. Of course, we beat the trend by many years, as long distance walkers. Have a read at <https://www.theguardian.com/lifeandstyle/2018/apr/02/ultrarunner-ultramarathon-racing-100-miles>.
- I report later in the newsletter where **Sandra Brown (C36)** completed another hundred in mid March in France. Since then, she has completed yet another 100 miler, this time in the track based A.I.M. Frawley 24 Hour Race, on the weekend of 7-8 April. That takes her overall count to 189 and her 2018 count to 3! It was her third 24 Hour event in 6 weeks. Absolutely amazing. Sandra explains:

Wet, drizzly conditions saw a surprisingly high retirement rate: 32 started the 24h but only 14 completed and only 6 managed 100 miles or more. The winning man and woman put up good performances. I walked to complete 173.2 kms, my third 24h event in 6 weeks and my 99th 24h/28h event with 100 miles or more.

CANBERRA 48 HOUR CHAMPIONSHIPS, AIS ATHLETICS TRACK, CANBERRA, 15-17 MARCH

I was in Canberra for the annual Canberra 48 Hours Australian Track Championships (see <http://cbr.48hr.ktkc.com.au>) in mid March. This 3 day ultra event is held at the AIS Athletics track and features the following categories: 48 Hours, 24 Hours, 12 Hours, 6 Hours and Marathon. All events are track based and started at midday on Friday, finishing at midday on Sunday.

Unfortunately, the very hot weather wrought some damage, with performances definitely down on past years.

A small number of walkers were also in action, with results as shown below. It was great to see Australian Centurion **Geoff Hain (C49)** back in action – he last competed in Australia in 2009 and has been circling the world since then with his wife Annie, as global travellers based in Buenos Aires. **Linda Christison** of NSW, who was diagnosed with Parkinsons Disease some 14 years ago and who now walks with the aid of a walking stick, was one of the standouts. For the last 2 years she has walked with her sister Heather in the 48 Hour division. This year, she dropped down to the 24H division, recording an excellent 154.027km. In fact, I feel that she may well have made the centurion distance (100 miles or 160.9km) if not for the dreadful conditions. Her sister Heather took the opportunity to compete in the 48H run, recording an excellent 271.2016km. They are a talented couple of women! **Justin Scholz (C61)** also walked very well, finishing the 12H with 92.457km. Unfortunately **John Kilmartin (C67)** succumbed to the conditions and was forced to retire mid race. The good news is that he was back at the race venue the next day and seemed ok. Others to walk included **Robert Osborne** (well known NSW racewalker) and **David Attrill** in the 48H and ACTRWC member **Phil Essam** in the 6H. Well done to all the walkers. On the running side, **David Billett (C50)** was in action, finishing 5th in the 48H with a distance of 284.475km.

48 Hours Championship

22.	Robert Osborne	NSW	174.562 km
23.	David Attrill	NSW	163.843 km

24 Hours Championship

8.	Linda Christison	NSW	154.027 km
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12 Hours Championship

5.	Justin Scholz (C61)	VIC	92.457 km
16.	John Kilmartin (C67)	VIC	36.982 km

6 Hours Championship

14.	Geoff Hain (C49)	QLD	38.874 km
16.	Phil Essam	ACT	33.009 km



Geoff Hain, Justin Scholz and Linda Christison in action in Canberra last weekend

24 HEURES DE CHATEAU THIERRY, CHATEAU THIERRY, FRANCE, 16-17 MARCH

It depended where you were in Europe as to the weather you encountered on the weekend of 16-17 March. For instance, the Steyning track 10km at Broadbridge Heath (England) had to be cancelled due to the threat of bad weather and things were pretty nasty overall, with wind and snow.

It was no better in the French city of Chateau Thierry, but the annual 24 Heures de Chateau-Thierry went ahead. As if the hilly 1.45km lap was not hard enough, the weather added further challenge to the task, with near zero conditions following 7 hours of rain and with 8 hours of snow during the night.

The ultra distance carnival boasted good fields, with 28 walkers in the 24 hour event, 12 in the 2 x 6 hour walk and 15 in the 6 hour race. This is pretty good considering it was only 3 weeks after the 24 Heures de Bourges and only 5 weeks before the last of the Paris Alsace qualifiers in Dijon (which is also the French national championship).

Overall, **Philippe Morel** (3rd in Paris-Colmar in 2005 and 2007) won with a distance of 188.529km, ahead of **David Vandercoilden** with 185.530km and local walker **Cédric Varain** with 182.855km. There were a few upsets with **Gilles Letessier**, a former winner of the event, back in 6th place and **Florian Letourneau** (second last year) and **Emmanuel Lassalle** failing to finish.

In the women's category, 69 year old English walking legend **Sandra Brown (C36)** took first place with a distance of 169.450km. She was followed by **Claudie Bizard** with 147.259km and **Kathy Crilley** with 124.981km. I make that 188 hundreds for Sandra in her long and illustrious career – and still going strong! And Sandra has added her own report on the race – thanks Sandra!

There have been two weekends of arctic weather in France and Britain, coinciding with the 24h qualifiers in Bourges and Chateau Thierry - and Kathy and I raced them both! We love these events and both lived up to expectations in the quality of their organisation and welcome, as well as the heritage interest and attractiveness of both towns. The entry at CT this year suffered a bit from being quite close to Bourges and the weather forecast maybe put off some people. As the weekend approached and snow was certain, I packed plenty of thermals and protective layers. In fact, it wasn't quite as cold as at Bourges, but the falling snow which continued from Saturday evening, made the air "sharp." Kathy and I thoroughly enjoyed the race and had the highest praise for the organisers, who had buckets of sand and salt mixture ready to ensure that the circuit remained open and safe. I was surprised at the finish to find I'd gone a few metres further than at Bourges, with a very similar distance of over 169kms, and I was pleased with another 100 miles. Though disappointed with her distance in the difficult conditions at CT, Kathy was thrilled to receive confirmation of her invitation to walk this year's historic Paris-Alsace event in June.

24 Hours Walk

1.	MOREL Philippe	Team Trail Chalons En Ch	136	188.529 km	24:00:00
2.	VANDERCOILDEN David	Cm Roubaix	134	185.530 km	24:00:00
3.	VARAIN Cedric	Ac Chateau Thierry	133	182.855 km	24:00:00
4.	GEORGELIN Serge	Bruz Athletisme	129	178.961 km	24:00:00
5.	JOSE MORA Bernardo	CA Siurell	128	175.297 km	24:00:00
6.	LETESSIER Gilles	Plm Conflans	127	174.858 km	24:00:00
7.	PELLERIN Alain	Ac Chateau Thierry	127	173.926 km	24:00:00
8.	OLIVARES Mathieu	Neuilly Sur Marne Athletis	125	171.961 km	24:00:00
9.	BROWN Sandra (F)	Surrey Walking Club	122	169.450 km	24:00:00
10.	GRASSI Alain		120	165.553 km	24:00:00
11.	DEBEURNE Philippe		117	163.011 km	24:00:00
12.	LOUGRADA Saadi	Cm Roubaix	111	161.865 km	24:00:00
13.	HIERNARD Alain		116	160.770 km	24:00:00
14.	LABARRE Bertrand	Cs Provins Athletisme	111	156.421 km	24:00:00
15.	BIZARD Claudie (F)	Thiais Ac	107	147.259 km	24:00:00
16.	GRADOS Stephane	Cm Roubaix	100	145.365 km	24:00:00
17.	COULOMBEL Pierre	Cm Roubaix	97	136.452 km	24:00:00
18.	LASSALLE Emmanuel	Cm Roubaix	88	133.500 km	16:56:22
19.	DALOZ Robert	Neuilly Sur Marne	92	126.866 km	24:00:00
20.	CRILLEY Kathy (F)	Surrey Walking Club	90	124.981 km	24:00:00
21.	GLASER Jean-bernard	Neuilly Sur Marne	85	117.244 km	24:00:00

22. RASSAIND Andre	Ea Centre Isere*	75	107.951 km	24:00:00
23. LETOURNEAU Florian	Ac Chateau Thierry	67	102.000 km	12:23:06
24. LACROIX Jean-louis	Ac Chateau Thierry	56	85.500 km	11:57:43
25. CHAUVITEAU Daniel		50	76.500 km	11:07:37
26. BOVIN Laurent	A Marcheurs St Thibault	50	76.500 km	12:06:39
27. DANDOY Jeremy	Cm Roubaix	22	34.500 km	6:14:37
28. MAISON Sylvie (F)	Strasbourg Agglomeration	14	22.500 km	3:06:33

2x6 Hours Walk

1. ARNAULT Jacques	Neuilly Sur Marne	73	98.100 km
2. TOUTAIN Eric	As Culturelle Francophone	68	93.825 km
3. DELANGE Dominique	Aj Auxerre Section Mar	67	91.250 km
4. BRUNEAUX Jean-claude	Coulommiers Brie	68	89.525 km
5. SEYNAEVE Serge	Cm Roubaix	65	86.100 km
6. ARNAULT Francoise (F)	Neuilly Sur Marne	65	83.950 km
7. SALOMEZ Benedicte (F)	Neuilly Sur Marne	63	83.100 km
8. GILLARD Lydia (F)	As Culturelle Francophone	59	78.175 km
9. HAGHEBAERT Eric	Ac Chateau Thierry	62	77.300 km
10. RODIER Nicole (F)	Efs Reims A.	28	43.500 km
11. MOUGENOT Patrick	Marne Et Gondoire	27	42.000 km
12. OTT Christophe	Strasbourg Agglomeration	27	42.000 km

6 Hours Walk

1. DA SILVA CARVALHO Thomas		34	51.506 km	6:00:00
2. KERLAU Yves-michel	Cm Roubaix	33	49.966 km	6:00:00
3. RAULET Christophe	Ga Meusien	32	48.734 km	6:00:00
4. BIZARD PLANCHOT Emilie (F)	Neuilly Sur Marne	31	46.767 km	6:00:00
5. FILLIEUX Christian	CAF - Belgique	29	44.890 km	6:00:00
6. PLAYE Christophe		27	41.670 km	6:00:00
7. POTTELETTE Helene (F)		27	41.235 km	6:00:00
8. SAUGRAIN Josette	Ac Chateau Thierry	26	40.085 km	6:00:00
9. MAURICE Fabienne	Ac Chateau Thierry	25	38.322 km	6:00:00
10. MONCILOVIC Alix (F)	Ac Chateau Thierry	25	37.583 km	6:00:00
11. GUILLOT Mickael		23	35.303 km	6:00:00
12. MORVAN Nicole (F)	Neuilly Sur Marne	21	32.178 km	6:00:00
13. ROZE Eddy	Amiens Uc	11	18.000 km	1:48:22



Rugged up at the start



Philippe Morel



David Vandercoilden

MARCHE DU GRAND EST, FRANCE, 31 MARCH - 1 APRIL

Thanks to Emmanuel Tardi for his report of a new point to point race in France that took place at the end of March. Emmanuel reported it was a great weekend, but it was disappointing that so few walkers entered. There was around 100 volunteers who worked for more than 30 hours without sleeping for only a few walkers. Hopefully it will grow in future years.

La Grand Est (single stage: 178.3km)

A distance of 178.3km between the historic village of Domremy-la pucelle (the birthplace of Jeanne d'Arc) and Epinal, this was the longest option and you could complete it alone or as part of a team of 4. Alas, only 3 individual starters, including one runner, along with one team. The course consisted of an initial lap of 90km around Domremy, then 85km to reach Epinal, one of the cities on the Paris-Alsace course. The results were

- | | |
|-----------------------|-------|
| 1. Team "Athlé 55 " | 21h53 |
| 2. Emmanuel Lassalle | 23h21 |
| 3. Mickael Jacquemin | 25h20 |
| 4. Rémi Bled (runner) | 23h21 |

La Maurice Chevallier (3 stages: 50.9km + 46.7km + 20.6km)

The second option was a three stage race, with 6 starters in total. Mathieu Olivares won (despite 5 kilometres extra in the second stage due to a mistake). He walked 5h50 for the first stage and 6h06 for the second stage but the finishing times are have not been published yet.

1. Mathieu Olivares
2. Johann Balland
3. Damien Maldeme
4. Jean Paul Meteau
5. Claudine Anxionnat (women)
6. Emmanuel Demangeat

La Vosgienne (3 stages: 26.3km + 18.5km + 20.6km)

The third option was also a three stage race, but over shorter distances. Only 3 people completed the full race, but others did complete one or two of the stages, including some very fast walkers (Clemence Beretta 1h35'50/20km, Julia Perrichon 13'59/3km and Valentin Chaumette 46'/10km.

- | | |
|---------------------------|--------------|
| 1. Daniel Siegenfuhr | 2h53+2h13+?? |
| 2. Raphaelle Joffroy | 3h08+2h14+?? |
| 3. Jean-Charles Thouvenel | 3h11+2h14+?? |



Mathieu Olivares, Daniel Siegenfuhr, Mickael Jacquemin and Emmanuel Lassalle (photos Emmanuel Tardi)

COBURG 24 HOUR CARNIVAL, HAROLD STEVENS ATHLETICS TRACK, COBURG, 21-22 APRIL 2018

A total of 56 athletes (34 runners and 22 walkers) toed the line for the midday start on Saturday 21st April 2018 in the 35th annual staging of this iconic Victorian ultra event. The forecast promised good weather and it proved correct. The first few hours were still, warm and sunny, until late afternoon cloud cooled competitors. A cold and misty night was followed by another sunny day, but again not too hot.

Full results, along with lapsplits for all competitors, are available from http://www.trailsplus.com.au/results-page/c24hr2018/#0_E5A6C9. I will restrict myself to the walk category reports in this newsletter.

The walk divisions had an international flavour with entrants from Belgium, Netherlands, the Isle of Man and USA joining their Australian counterparts. The women's 24 Hour race saw an easy win to Dutch walker **Gertrude Achterberg**. She had passed the half way mark with 85.146km and looked set for a big total. Alas, she slowed in the second half, finishing with 138.040km. **Dawn Parris** walked strongly as always to take second with 131.745 km. **Lorraine Billett** impressed with her third place distance of 101.378km, setting five new W70 Australian walking records along the way.

In the men's 24 hour walk, **Justin Scholz (C61)** and **Colin Heywood** headed out fast, with **Chris Burn** in close pursuit. Justin's pace was too demanding for the others and they gradually gave ground in their chase. He passed the half way mark with an impressive 97.7km, nearly 5km clear of Colin and a further 1km clear of **Jantinus Mients** and Chris. The race complexion changed when Justin retired just after the 14 hour mark. By then, Colin, Jantinus, Chris and **Adrie Ros** had come together and were within 2 laps of each other. They stayed within touch of each other until the final hours, when Chris eventually pulled clear, reaching the 100 Mile mark with 22:08:09 and then retiring, with his goal achieved. Jantinus was next to reach the 100 mile mark, with 22:25:34, then he too retired. The same was the case for Adrie Ros with 22:33:31 followed by race retirement. Colin was next to reach the 100 mile mark with 22:46:53 but he then surprised by doing one further lap before retiring, thus ensuring a win in the 24H race. But it is fair to say that the 24H placings were of minor importance to these walkers, with their new Australian Centurion statuses of greater significance.

Luc Soetewey from Belgium was next with a very creditable 155.114 km. He looked well in contention right up the dying stages of the race, when his body just gave out. I was also very impressed with Wangaratta based walker **David Evans** who completed a fantastic 141.911 km in his first ever long walk. Our fourth Dutch walker **Arie Kandelaars** entered the race with an injury but was hoping for the best. Unfortunately, it flared and he was forced out after 77.406 km



Gertrude Achterberg, Dawn Parris and Lorraine Billett



Chris Burn, Jantinus Meints, Adrie Ros and Colin Heywood

24 Hour Walk Women

1.	Gertrude Achterberg	NED	138.040 km
2.	Dawn Parris	VIC	131.745 km
3.	Lorraine Billett	SA	101.378 km
4.	Iesha Young	VIC	64.9350 km

24 Hour Walk Men

1.	Colin Heywood (C75)	NT	161.364 km
2.	Chris Burn (C72)	IOM	160.934 km
3.	Jantinus Meints (C73)	NED	160.934 km
4.	Adrie Ros (C74)	NED	160.934 km
5.	Luc Soetewey	BEL	155.114 km
6.	David Evans	VIC	141.911 km
7.	John Timms	VIC	118.844 km
8.	Justin Scholz (C61)	VIC	111.808 km
9.	John Kilmartin (C67)	VIC	81.916 km
10.	Arie Kandelaars	NED	77.406 km
11.	David Cogan	VIC	60.817 km
12.	Peter Gray	VIC	46.574 km
13.	Ken Carter	VIC	23.221 km

The 24 Hour walks also hosted the Racewalking Australia 100km walk championships, with placings as shown below.

RWA 100km Walk Championship Men

1.	Justin Scholz	VIC	12:18:45
2.	Colin Heywood	NT	12:53:08
3.	Jantinus Meints	NED	13:04:51

RWA 100km Walk Championship Women

1.	Gertrude Achterberg	NED	14:20:01
2.	Dawn Parris	VIC	18:40:22
3.	Lorraine Billett	SA	23:01:14

The meet also included 12 Hour and 6 Hour Run and Walk Championships. The 12H races started at midday on Saturday and the 6 Hour races started at 6AM on the Sunday morning. Only 5 walkers overall but it was great to see American **Mickey Campaniello** walk a strong 49.172km in the 6 Hour event.

12 Hour Walk Men

1. Laurie Tinson	VIC	73.262 km
2. Ian Hoad	VIC	61.780 km

6 Hour Walk Men

1. Mickey Campaniello	USA	49.172 km
2. Albin Hess	VIC	40.801 km
3. Ernie Hartley	VIC	34.807 km

Our two walk perpetual trophies were awarded as follows

Jim Gleeson Trophy	Justin Scholz (VIC) and Gertrude Achterberg (NED)
Jack Webber Trophy	Chris Burn (IOM)

As mentioned above, **Lorraine Billett** excelled with a whole swag of W70 records.

Lorraine Billett	W70 50 km Walk	Australia	8:43:09
	W70 12 Hour Walk	Australia	65.154 km
	W70 50 Miles Walk	Australia	16:33:21
	W70 100 km Walk	Australia	23:01:14
	W70 24 Hour Walk	Australia	101.378 km

A final note of thanks to the many people who deserve special mention

- Heather (and family!) and Bertha in the canteen - what a superb job!
- Bernie Goggin who shared the overall event management load with me.
- The Coburg 24H Committee members who were on deck for so much, if not all, of the event.
- The other volunteers, many of them Coburg Harriers members, who helped with event setup or pull-down or who came for periods during the race to help out.
- Philip van Duren for singlet design and delivery and financial sponsorship via his travel company..
- Michael Gillan for his dedicated work as masseur this year, and for many years past. His closing comments were "see you next year!"
- Robyn and Brett Saxon of TrailsPlus for their event recording. They extended their chip system to cover 6 lanes this year, and it worked seamlessly for our lane 1, 3 and 5 competitors. They also used a new software system that they have recently purchased and it was far superior to the previous one, allowing a much greater variety and timeliness of reports, etc. Anyone who came for a look could not help but be impressed by the enhancements on show this year. To have the results confirmed and printed out a few minutes after the final gun goes is an amazing thing when I think back to our old manual days, with Mark and Brian sweating it out behind the scenes.
- Centurions Michelle Thompson, Terry and Karyn O'Neill and Stu Cooper who looked after our overseas walkers with their own big multi-tent area at the top of the track.
- Billy Pearce who looked after our first aid needs for the first 12 hours.
- Our fantastic long term first aid support Libby Ravalli was unable to come this year, so Bernie organised for the Western Sports Trainers Assn to take responsibility for the second 12 hours of the event. In particular, we were very fortunate to have Sam Fenech on duty for the last 6 hours. Sam is known to many of us for his work with Athletics Victoria and was a wonderful resource to have on deck for the final few hours of the 24H and for the immediate post-event period.

24 HEURES DE DIJON (LA RONDE DES DUCS), DIJON, FRANCE, 21-22 APRIL

Last weekend also saw the French 24 Hour Walk Championships in the city of Dijon, some 300km east of Paris. Held in conjunction with the 24 Heures de Dijon and now badged as *La Ronde Des Ducs*, it was also the final qualifying opportunity before the 2018 Paris-Alsace Classic. The walk was held over a 2.525km lap, with shortened laps of 766m for the final hour. The 1PM Saturday start time ensured a long hot afternoon of walking, and many of the entrants suffered as a result. Thanks to **Emmanuel Tardi** for his race report, results and photos. And he even found time to have a walk himself in the 6 Hours event.

Christophe Laborie, **Alexandre Forestieri** and **Eddy Roze** headed out together in the men's 24 Hours race and little separated them until Roze stopped at 9PM. By 4AM, Laborie had a short gap of 3 minutes over Forestieri but by 5AM

they were back together again. They walked together until 10AM, at which time Laborie broke away, eventually winning with 191.219km. Forestieri was not far behind with his second place finish of 188.983km, ahead of **Alain Gibelli** with 177.627km. Well done to NZ walker **Richard McChesney** who finished 5th with 170.714km.

Maggy Labylle led all the way in the women's 24 Hours race and was some 2-3 minutes ahead of **Martine Navarro** by 10PM. When Navarro eventually stopped near the end of the night, it left Labylle well in front and she eventually finished with a distance of 167.313km, well ahead of **Pascale Bourdel** with 157.190km. **Serge Georgelin** and **Cédric Varain** won the ancillary events (2x6 Hour walk and 6 Hour walk).

24 Hours Walk

1.	LABORIE Christophe	Essonne Athletic	191.219 km	24:00:00	12h12'52
2.	FORESTIERI Alexandre	Ust Courir A Saint Tropez	188.983 km	24:00:00	12h12'52
3.	GIBELLI Alain	Csm La Seyne	177.627 km	24:00:00	12h56'29
4.	BIBRAC Eric Francois	Ac Bouillante	175.095 km	24:00:00	13h04'18
5.	MC CHESNEY Richard	Hutt Valley - NZ	170.714 km	24:00:00	13h23'59
6.	LABYLLE Maggy (F)	Ac Bouillante	167.313 km	24:00:00	13h10'31
7.	DELANGE Dominique	Aj Auxerre Section Marathon	160.949 km	24:00:00	14h18'08
8.	GUENEAU Jean-claude	Dijon Uc	160.291 km	24:00:00	14h21'23
9.	BOURDEL Pascale (F)	Non Licenciée	157.190 km	24:00:00	15h10'50
10.	BALLAND Johann	Athletic Vosges Entente Clubs	156.754 km	24:00:00	14h51'48
11.	DAVID Christine (F)	Essonne Athletic	154.580 km	24:00:00	15h04'44
12.	THOUMELIN Laurent	Athletisme Sarthe Loir 72	153.453 km	24:00:00	14h55'44
13.	MALFONDET Alain	Paris	152.667 km	24:00:00	14h28'36
14.	RODIER Nicole (F)	Efs Reims A.	150.893 km	24:00:00	15h33'03
15.	DALOZ Robert	Neuilly Sur Marne Athletisme	149.947 km	24:00:00	15h31'03
16.	SONNOIS Martine (F)	Racing Club Haut-jura Morez	147.922 km	24:00:00	16h01'30
17.	BIZARD Claudie (F)	Thiais Ac	147.092 km	24:00:00	16h10'17
18.	PICOT Gerard	Non Licencié	146.466 km	24:00:00	16h12'30
19.	BARBIER Florence (F)	Ca Balma	146.083 km	24:00:00	15h30'23
20.	BRUNEAUX Jean-claude	Coulommiers Brie Athletisme	135.542 km	24:00:00	16h32'56
21.	ARNAULT Jacques	Neuilly Sur Marne Athletisme	127.888 km	24:00:00	19h04'13
22.	BOUILLON Philippe	Nevers	127.286 km	24:00:00	17h59'51
23.	GILLARD Lydia (F)	As Culturelle Francophone	124.220 km	24:00:00	17h54'52
24.	ARNAULT Francoise (F)	Neuilly Sur Marne Athletisme	122.204 km	24:00:00	19h04'15
25.	CLERC Michel	Toulon Ec	120.749 km	24:00:00	16h36'36
26.	DIEN Daniel	Neuilly Sur Marne Athletisme	107.200 km	24:00:00	22h01'53
27.	RASSAIND Andre	Ea Centre Isere	105.587 km	24:00:00	21h43'55
28.	DE MARCILLAC Bertrand	Ca Montreuil 93	105.497 km	24:00:00	22h45'54
	KIEFFER Pascal	Aj Montmoreau	97.060 km	24:00:00	
	KIENE Lyonel	Lunel A.	100.000 km	15:59:33	
	SERRANO Rene	Entente Athletique De L'arve	94.950 km	14:13:38	
	ECHE Dominique (F)	Nice Cote D'azur Athletisme	82.321 km	12:44:47	
	NAVARRO Martine (F)	Athle 11	77.269 km	10:08:35	
	ROZE Eddy	Amiens Uc	69.692 km	08:22:33	
	VAN HILLE Dominique	Nice Cote D'azur Athletisme	52.013 km	05:44:22	
	LACROIX Jean-louis	Ac Chateau Thierry	36.859 km	05:26:04	
	OUTREQUIN Florian	Montivilliers	36.859 km	06:39:44	
	ERARD Christophe	Asm Bar-le-duc	34.334 km	04:20:11	
	LANDRU Noelle (F)	As Corbeil-essonne	29.282 km	09:13:59	

2x6 Hours Walk

1.	GEORGELIN Serge	Bruz Athletisme	102.498 km		
2.	LETOURNEAU Florian	Ac Chateau Thierry	99.422 km		
3.	OLIVARES Mathieu	Neuilly Sur Marne Athletisme	94.369 km		
4.	LABARRE Bertrand	Cs Provins Athletisme	93.976 km		
5.	THEVENIN Pascal	Marne Et Gondoire Athletisme	93.822 km		
6.	MOUGENOT Patrick	Marne Et Gondoire Athletisme	86.881 km		
7.	PANNIER Josiane (F)	Havre Ac	84.757 km		
8.	REGARDEBAS Audrey (F)	Antony	77.930 km		
9.	PRUCKNER Jaroslav	Sk Bradlec - CZE	67.708 km		

10. CATRY Thierry	Cm Roubaix	59.510 km
11. KIEFFER Christine (F)	Aj Montmoreau	56.975 km

6 Hours Walk

1. VARAIN Cedric		51.958 km
2. MALDEME Damien	Sandaucourt	49.425 km
3. MALOCHET Dominique (F)	Le Havre	46.414 km
4. LEZIN Jean-claude	Athletisme Lozere	45.764 km
5. TOURIGNY Jean Luc	St Apollinaire	45.031 km
6. HARBULOT Francis	Non Licencié	42.689 km
7. BENAZET Robert	Lunel A.	41.367 km
8. LESCURE Frederic	Louvres	37.885 km
9. THANRON Bernard	Montillot	37.863 km
10. LESCURE THANRON Elisabeth (F)	Montillot	37.863 km
11. GUILLOT Mickael	Pargny Sur Saulx	35.840 km
12. TARDI Emmanuel	LP Longjumeau	30.057 km



Alexandre Forestieri, Christophe Laborie, Alain Gibelli and Cédric Varain



AUSTRALIAN CENTURIONS HONOUR BOARD UPDATED

Our new honour board has now been updated to add the names and performances of our 4 new centurions from last weekend. That makes 5 names on the board now. Hopefully it will fill at a healthy rate!



ONE FROM THE ARCHIVES

I was recently pointed to an old black and white newsreel depicting a Liverpool to Sydney Women's 20 Miles Walking Race which was held on Saturday 8th April 1933. The race was organised as a result of a New Zealand woman challenging Sydney women to a walking race from Liverpool to Sydney. Earlwood woman Edna Sayers was one of the competitors who took up the challenge. By the time they reached Burwood, Edna was in the lead and it was reported in the Sydney Morning Herald on Monday 10th April 1933 that she went on to win with a time of 4 hours 2 minutes.

Check out the newsreel at <https://www.facebook.com/LIVERPOOLNSWHISTORY/videos/1997149823870102/>. There are some pretty good walking actions on show here.

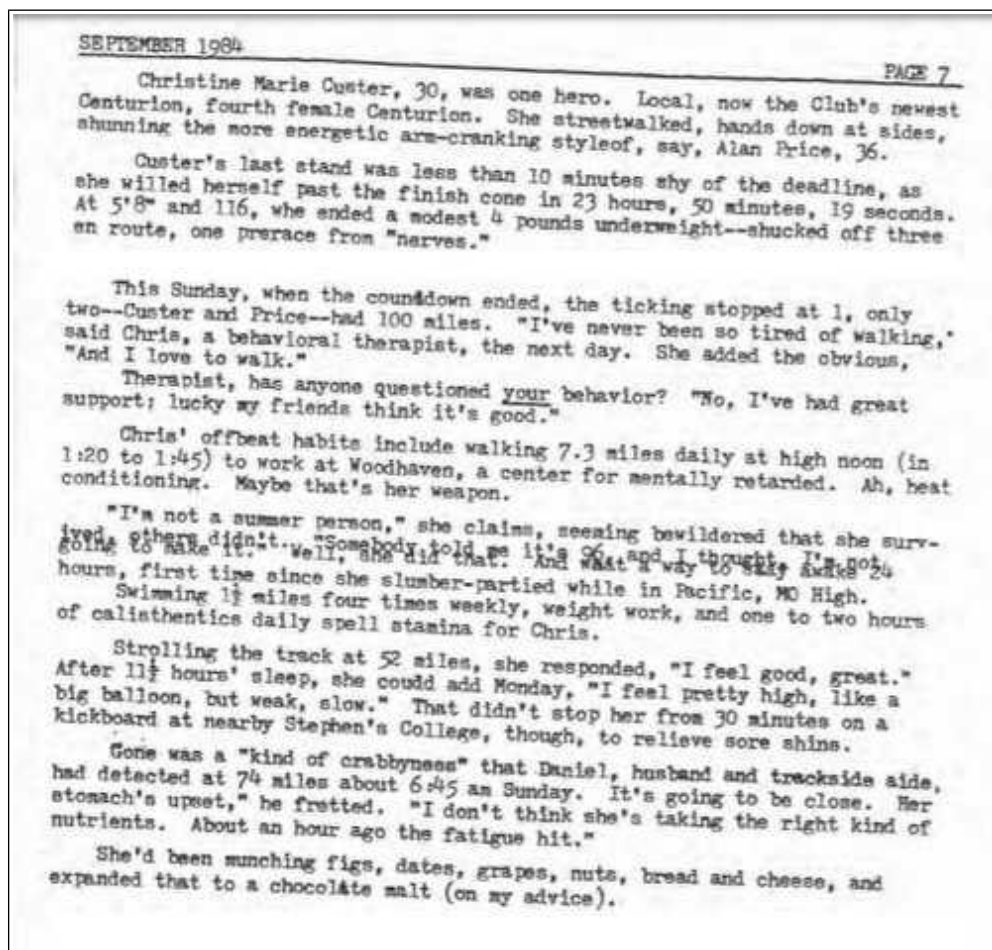
The Sydney Morning Herald of Monday 10th April 1933 reported as follows:

Mrs. C. Baxter, a 54-year-old competitor, was fourth in a women's walking race on Saturday from Liverpool to Sydney, which was organised as a result of a challenge by Miss Esther James of New Zealand. The race was won by Miss Edna Sayers, of Earlwood, in 4 hours 2 minutes. There were 13 starters. Miss James, after leading from the start, collapsed at Chullora, but resumed later. She withdrew at Ashfield suffering from a strained ankle. Mrs. M. Loveridge (Darlington) was second, and Miss P. Williams (Paddington) third.

USA CENTURION BITS AND PIECES

USA Centurion coordinator **Rob Robertson (C68)** has been working on a complete United States Centurion History. Here is the link to what is a work in progress: http://www.unitedstatescenturionwalkers.com/?page_id=123. Lots of fantastic reading there!

While researching The United States Centurion History, Rob came across an interesting find. United States Centurion C42 Male Chris Custer was incorrect. US Centurion C42 was actually Christine Custer. Here is the 1984 article which documents her qualification walk, with a time of 23:50:19.



Rob has added a further file to his centurions website - a complete list of all centurion walks in USA. See <http://www.unitedstatescenturionwalkers.com/wp-content/uploads/2018/04/United-States-Centurion.pdf>. In researching this one, he found that Alan Price, their most prolific centurion with 23 finishes from 1978 to 1993, had actually finished one further centurion walk in 1995, with a time of 23:55:12. I wrote my own article on Price some time ago - see <http://www.vrwc.org.au/tim-archive/articles/wo-alan-price.pdf>. I will have to update that now!

JIM GLEESON TROPHY

Our newly minted Jim Gleeson Trophy was awarded to the winners of the 2018 RWA 100km championships, contested at the Coburg 24 Hour Carnival last weekend. As discussed in our last newsletter, it now replaces the Farmer Trophy which is fully engraved.

Jim Gleeson (C3) was one of our greatest Australian centurions and still holds our 100 Miles and 24 Hour records. You can read more about Jim at <http://centurions.org.au/centprofiles/03%20jim%20gleeson.pdf>.

The trophy was awarded to the 100km winners **Justin Scholz (C61)** and **Gertrude Achterberg**.



The new Jim Gleeson Trophy is awarded to joint 2018 winner Justin Scholz by our president Terry O'Neill.

PARIS-ALSACE QUALIFIER UPDATE

With the 24 Heures de Dijon last weekend, all 5 selection events have now been completed, and we look forward to the 70th edition of the famous multi-day classic, now known as the Paris-Alsace classic, scheduled to start on May 30th. It is indeed a challenging event, with men walking 420km+ and women walking 320km. See more details at <http://www.marche-mythique.org/accueil.html>.

Here are the full lists of all people who participated in the 5 qualifying events, ranked in order of distance – 21 women and 78 men. Many of these will feature in the final Paris-Alsace start lists.

Female Ranking List

1.	MASLOVA, Tatiana	RUS	Ind St Petersburg	181.491 km
2.	POUTINSEVA, Irina	RUS	Ind St Petersburg	176.000 km
3.	BROWN, Sandra	GBR	Surrey Walking Club	169.450 km
4.	Zeimer, Karine	FRA	AO Nivernaise	168.116 km
5.	LABYLLE, Maggy	FRA	AC Bouillante	167.313 km
6.	DAVID, Christine	FRA	Essonne Athletic	160.843 km
7.	BOURDEL, Pascale	FRA	nl	157.190 km
8.	WEIRD, Claudie	FRA	Thiais AC	154.660 km
9.	Miroshnichenko, Vera	RUS	Dinamo Spb	153.397 km
10.	RODIER, Nicole	FRA	ESF Reims	150.893 km
11.	SONNOIS, Martine	FRA	Racing Club Haut-Jura Morez	150.281 km
12.	BARBER, Florence	FRA	CA Balma	146.08, km
13.	Crilley, Kathy	GBR	Surrey Walking Club	143.621 km
14.	CAIN, Married	FRA	Esperance Antibes	142.837 km
15.	ARNAULT, Françoise	FRA	Neuilly-sur-Marne Athletics	141.000 km
16.	GILLARD, Lydia	FRA	French speaking ASC	124.220 km
17.	BOURSAIN, Michaelise	FRA	nl	122.917 km
18.	HAUSMANN, Martina	GER	LG Wurzburg	115.579 km
19.	BERTHAULT-KORZHYK, Annie	FRA	Indre AC	110.480 km
20.	LANDRU, Noelle	FRA	AS Corbeil Essonne	100.845 km
21.	DUVAL, Bernadette	FRA	nl	99.540 km
22.	Beardsmore, Suzanne	GBR	Aldershot Farnham & District AC	92.532 km

Male Ranking List

1.	Osipov, Dmitry	RUS	Ind Saint Petersburg	198.267 km
2.	Vandercoilden, David	FRA	CM Roubaix	197.597 km

3.	LABORIE, Christophe	FRA	Essonne Athle	191.000 km
4.	FORESTIERI, Alexander	FRA	Ust Run in St-Tropez	188.983 km
5.	MOREL, Philippe	FRA	Team Trail Chalons en Champagne	188.529 km
6.	KERLAU, Yves-Michel	FRA	CM Roubaix	187.800 km
7.	VERMEIR, Guido	BEL	RC Gent	186.831 km
8.	LETOURNEAU, Florian	FRA	Ac Chateau Thierry	184.521 km
9.	VAN CAUWENBERGHE, Chris	BEL	RC Gent	183.156 km
10.	VARAIN, Cedric	FRA	Ac Chateau Thierry	182.855 km
11.	GEORGELIN, Serge	FRA	Bruz Athletism	178.961 km
12.	Gibelli, Alain	FRA	CSM La Seyne	177.627 km
13.	Kondratenko, Aleksei	RUS	Ind Saint Petersburg	176.396 km
14.	MASSON, Pascal	FRA	CM Roubaix	176.220 km
15.	JOSE MORA, Bernardo	ESP	CA Siurell	175.000 km
16.	Majetic, Ivo	USA		175.223 km
17.	BIBRAC, Eric	FRA	AC Bouillante	175.095 km
18.	LETESSIER, Gilles	FRA	Plm Conflans	174.858 km
19.	PELLERIN, Alain	FRA	Ac Chateau Thierry	173.926 km
20.	MC CHESNEY, Richard	NZL	Hutt Valley Harriers	173.388 km
21.	Pineau, Laurent	FRA	AS 17	172.565 km
22.	OLIVARES, Mathieu	FRA	Neuilly-sur-Marne Athletics	171.961 km
23.	THEVENIN, Pascal	FRA	Marne and Gondoire Athletics	171.810 km
24.	LOUGRADA, Saadi	FRA	CM Roubaix	171.525 km
25.	THE CROSS, Jean Louis	FRA	Ac Chateau Thierry	167.697 km
26.	DURAND, Gerard	FRA	US Aigrefeuille Athle	167.617 km
27.	TURAU, Anatoli	BLR	Ind Minsk	167.000 km
28.	GRASSI, Alain	FRA	Athle Pass	165.553 km
29.	YVERT, Louis	FRA	CM Roubaix	164.442 km
30.	MALFONDET, Alain	FRA	nl	163.080 km
31.	Debeurne, Philippe	FRA	nl	163.011 km
32.	KONING, Johan	NED	Svlat Amsterdam	162.632 km
33.	LYKYANOV, Sergey	RUS	Ind Saint Petersburg	162.000 km
34.	TOUTAIN, Eric	FRA	French speaking ASC	161.932 km
35.	DELANGE, Dominica	FRA	Aj Auxerre Marathon	160.949 km
36.	KOROTKOV, Alexander	RUS	Dinamo Spb	160.928 km
37.	HIERNARD, Alain	FRA	AFD Château-Thierry	160.770 km
38.	GUENEAU, Jean Claude	FRA	Dijon UC	160.291 km
39.	ECHE, Dominica	FRA	Nice French Riviera Athle	158.851 km
40.	KAZANTSEV, Vladimir	BLR	Ind Minsk	158.130 km
41.	BALLAND, Johann	FRA	Athletic Vosges Entente Club	156.754 km
42.	Tarasevich, Alexander	BLR	Ind Minsk	156.622 km
43.	BAR, Bertrand	FRA	CS Provins Athletism	156.421 km
44.	JACQUEMIN, Mickael	FRA	WITH	155.828 km
45.	Czukur, Zoltan	HUN	Kar Aszork St Komlo	155.699 km
46.	Gillet, Max	FRA	nl	155.408 km
47.	Thoumelin, Laurent	FRA	Athletics Sarthe Loir 72	153.453 km
48.	SEYNAEVE, Serge	BEL	CM Roubaix	152.925 km
49.	Štrunc, Pierre	FRA	CM Roubaix	150.773 km
50.	DALUZ, Robert	FRA	Neuilly-sur-Marne Athletics	149.947 km
51.	VINCENT, Dominica	FRA	nl	146.555 km
52.	PICOT, Gerard	FRA	Athle Pass	146.466 km
53.	GRADOS, Stéphane	FRA	CM Roubaix	145.365 km
54.	BRUNET, Roger	SUI	CA Friborg	143.700 km
55.	ALEXANDRE, Alain	BEL	RFC Liège	141.396 km
56.	DE MARCILLAC, Bertrand	FRA	CA Montreuil 93	141.000 km
57.	Chui, Didier	FRA	US Berry Athle	141.098 km
58.	RINGUEDE, Dominica	FRA	nl	140.054 km
59.	COULOMBEL, Pierre	FRA	CM Roubaix	136.000 km
60.	EMONIERE, Philippe	FRA	COSM Arcueil	136.384 km
61.	CARREY, Franck	FRA	nl	135.666 km
62.	BRUNEAUX, Jean Claude	FRA	nl	135.542 km

63. HASSEVELDE, Sebastien	FRA	Touquet Opale Athlé	133.614 km
64. ARNAULT, Jacques	FRA	Neuilly-sur-Marne Athletics	127.888 km
65. BROTH, Philippe	FRA	nl	127.286 km
66. MULLARD, Michel	FRA	nl	125.420 km
67. RASSAIND, Andre	FRA	Ea Center Isere *	124.104 km
68. SVENSSON, Christer	SWE		124.049 km
69. MOUGENOT, Patrick	FRA	Marne and Gondoire Athletics	123.705 km
70. DEPARDAY, Fabian	FRA	nl	122.715 km
71. CLERK, Michel	FRA	Toulon EC	120.749 km
72. PRUCKNER, Jaroslav	CZE	SK Bradlec	119.255 km
73. BUTET, Mark	FRA	nl	118.275 km
74. GLASER, Jean-Bernard	FRA	Neuilly-sur-Marne Athle	117.658 km
75. DIEN, Daniel	FRA	Neuilly-sur-Marne Athletics	107.200 km
76. KIEFFER, Pascal	FRA	AJ Montmoreau	97.060 km
77. AUVRE, Alain	FRA	CO Bresle	96.181 km
78. Mariolu, Mickael	BEL	RC Louvienois	90.842 km

FINANCIAL NEWS

It has been a busy month from a financial perspective. First, a special acknowledgement of the very generous donation of US\$400 by club member **Rob Robertson (C68)**. It came at a very opportune time as we had a number of significant costs associated with our qualifying event at last weekend's Coburg 24 Hour Carnival. With a large number of overseas walk entrants, I had to purchase a couple of large gazebos for their use. They have now been added to our Centurion inventory and will come in useful for future events. I also had to make a one off subsidy of \$300 to the Coburg Harriers to help them balance the books on this year's Coburg event. As you know, costs keep going up every year and it effects events like this, just as much as it effects our own personal bank balance. So our club account balance has been hit significantly, but it is money well spent, with 4 new Centurions added to our membership.

Incoming:	Donation – Rob Robertson	501.32
	Bank Interest	0.12
	Donation – Stuart Cooper	50.00
Outgoing:	Engraving – Gordon Smith Perpetual Shield	18.35
	New trophy purchased - Jim Gleeson Trophy	223.00
	Two new gazebos and accessories	324.34
	Event subsidy for Coburg 24 Hour Carnival	300.00
	Hansen Signwriting – Honour Board updates	88.00
	AFORWC Annual Affiliation Payment	100.00
Balance:		\$211.03

The payments detailed above are our last significant ones for the year. From now on, only small payments are needed to keep things ticking along. But the balance is the lowest it has been for many years. So, if you have not made a donation lately, now is definitely the time. You can always use electronic funds transfer if you are in Australia. Our bank details are

Bank: Westpac
 BSB Number: 033003
 Acct Name: Australian Centurions Walkers Inc.
 Acct Number: 123947

UNTIL OUR NEXT NEWSLETTER

It is always an exciting time when we add new club members to our small but elite club. So welcome to Chris, Jantinus, Arie and Colin. May you have many more years of productive and enjoyable walking!

Yours in Centurion walking

Tim Erickson (C13)
 1 Avoca Cres, Pascoe Vale, Victoria, Australia, 3044