

AFRICAN CENTURION



ROBBEN ISLAND, SOUTH AFRICA 2016



Experience the toughest, most beautiful walk in the world!

Zai Lab South Africa presents the first centurion walk in Africa on the **22nd of October 2016**.

Proudly hosted at the world renowned Robben Island, a South African National Heritage site symbolic of triumph of the human spirit over adversity.

Walking 100 miles/160 km in 24 hours is not an everyday achievement but a challenge that only a few in the world can achieve. This world-wide phenomenal has taken place in only five countries in the world namely; Australia, New Zealand, United States, Malaysia and The Netherlands. South Africa will be the first African country to host a centurion event.

Robben Island has been home to many prisoners who fought for the liberation of South Africa. A prison number was a form of distinction and identification given to prisoners. Apart from the memories that ex-prisoners have of their challenging experiences, a prison number is what they hold as remembrance. A number that can never be re-issued to any other individual who has walked that journey.

The African Centurion attracts international walkers who walk 100 miles/160 km in 24 hours as a symbol of brotherhood and persevering the toughest walk in history. Upon completion of the walk each participant is awarded with a Centurion walker number which will belong to the participant for life. This never to be re-issued number becomes a symbol and a recognition badge of completing the world's toughest, and most beautiful, African Centurion challenge.

At the African Centurion, participants will experience a walk through the prison that holds magnificent history, into completing 20 laps on an 8km flat surface whilst marvelling at the beauty of Table Mountain.

We invite everyone to be part of making history on African ground.

The event is open to anyone to participate, while team packages are also available for the African Centurion Relay. Participants who wish to compete in the relay event can enter in teams of four and split the 160km amongst four team members, allowing each member to do 40km. As far as we know, the relay event is unique to the African Centurion and will be an ideal teambuilding exercise for corporates, families or friends looking to take on the walking challenge.

FOR MORE INFORMATION:

The African Centurion website will be going live soon. It will summarise all the details of the event including ticket prices, packages and must see tourist attractions in and around Cape Town. Entries will also be done on the site.

If you would like to be notified of the website launch, **[please click here](#)** or send an email to **info@zailab.com** with the title "Walk me to Africa!" and we will keep you informed every step of the way.

Happy walking...we'll see you in Cape Town soon!